UNIVERSITY INTERNATIONAL CLUB NEWSLETTER, the UIC, WEEK 6, 2018

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Dear Internationals,

Yesterday we enjoyed the UIC Hygge Party with gentle music, singing & games. The dream of throwing a party came true. The singing and games played a smaller role than anticipated, but the genuine “hygge” e.g. open positive, relaxed atmosphere all added to make it a most enjoyable time. The shrovetide buns were well received, and so was the making of a shrovetide “whips” brought about with much enthusiasm! What is a whip good for at shrovetide. Well, it is carried along when children dressed in fancy clothes go from house to house and were singing “buns up and buns down in my tommy. If I get no buns I’ll make trouble” – This going from house to house still takes place, also on my street in Risskov. – No doubt the whip could easily hurt, but in our party no one would come up with such an idea. Besides, the buns were served willingly.. – Furthermore, I haven’t heard of any accidents over the years. Which means Danes have been prepared to either offer buns – or hand over some sweets (like the tradition where hallow’e’en is celebrated. – Yesterday all the children – and a few grown-ups – wore fancy dresses. All looked fantastic as cats, princesses, and the like! Thank you for putting efforts into it. It was also very entertaining with soft singing and playing instruments by Jette Soerensen, thanks very much for that. – As the invitation was phrased “to invite to simple things is perhaps the most important. For as we see it, getting together, enjoying the good company, refreshments and to
join in some singing games will be the “hyggeligste” party with you on board” was all was experienced as such at the UIC Party. Bravour! – Perhaps we get to make another kind of party, for some have brought up the suggestion of organizing a Pot-luck. We’ve usually closed the semester before summer with a global lunch! inviting for such a meal. We'll keep it in mind. – Suggestions are always appreciated.

**UIC programme this Friday.** At 10am **Young parents & their kids** meet up at 10am at Dokk1 – all in English, for internationals and Danes. - **In the evening at 6.30pm** all can join the UIC **Night Out** – means informal dining at Amoroma, see more below.

**UIC next week.** During the winter holidays we invite for an **Informal Get-together e.g.an UIC Coffee Club.** Please bear in mind that the exchanged info at such are of highest potentials for establishing friendships. Exchanging ideas, or to ask someone join you on an excursion – during the winter break. Car owners can invite more people into their car, conserving gasoline, be kind and get a new friend all in one. – These situations are familiar to all of us, but do we have the courage to try it out when one’s new friend does not look as you expected, when cultures make barriers. Recommendation: try it anyway, you could be in for a yes!

**UIC Seminars soon coming up:** right after the holidays 21 February we look into the **Danish Housing Market**, what is available & how to rent. A lawyer will review a lease contract – help you understand your legal rights, and what to avoid. – **The Danish Public School & the International Schools in Aarhus** are presented in each a seminar. You may think these are mainly of interest for parents. It could also be you like to understand the philosophy behind the teaching. Here Denmark is somewhat unique, we take children from very young and up serious. Also we have a long-standing tradition for offering equal rights to learning. If you teach yourself it could be your chance to gain insight. The heads of the schools in question will meet up and present & answer questions. Just to mention a few events to come.

See how **AU employees can get free parking** on AU Campus Aarhus.

**Section 2** are the current Aarhus events – especially a lot related to the winter holidays, shrovetide and Valentine’s day, **Week 7!**
In Section 2 are events in Aarhus, including an impressive list of activities during week 7 – the winter holiday!

We encourage you to keep an eye out for new offers in Section 3 – sent in, like marsh for Science. But also Section 4 can be of interest for here is included and always something about the way Aarhus grows. Or new laws of interest.

In the City of smiles we learned the shortest distance between two is giving a smile! Give it a try!

The weather and daylight. The next five days bring day temperatures from 0 to 3 Celsius, and Nights down to minus 1 to minus 3 Celsius. In fact not bad, most days will be dry, overclouded, except Sunday which seems to give some rain – perhaps ending up as a little snow. But being so mild means it will not stay. Daylight is now up with 2 hours and 12 minutes since winter solstice 21 December. The sun rose this morning at 8.02am and goes down at 5.04pm, light provides more energy to all of us. Spend it wisely.

UIC Newsletter always aims at providing information, which can assist everyone in getting to know more of the good events, which are on today and in the coming days. – First some information of General Interest and at the bottom the Calendar with specific activities mentioned at the bottom.

1. UIC and selected IAS, AIAS & AU events & information

"UIC Night out" 9 February – a monthly event!

Note: date and place and come to the lovely place & company!
All are invited to join once a month on the second Friday – next chance is 9 February at 6.30 pm at Amoroma - To accommodate everyone, please send a mail to Susanne Pfeil in advance. Or try your luck – we all want to meet you again or for the first time! – This is a fine chance to meet a couple of hours.
– Also: if you know of a good place please bring up your suggestions for the coming months. A place for 20 people on short notice, please, contact Susanne
Meet up at the Restaurant Amoroma, Vestergade 60, 8000 Aarhus C.

UIC & Dokk1 joint International Playgroup Each Friday, – next is 9 February 2018 from 10am-12noon.

Location: Dokk1, Pusterummet, Hack Kampmanns Plads 2, 8000 Aarhus C. (the room is named 'Pusterummet') Pusterummet is in the same area as the 0-3 year area. It faces the water and is slightly differently demarcated. Take the elevator to Level 2, then go through the mini ramp and pass the ‘Børnelab’ - alternatively you can take the ramp up, then pass the stage stairs and you will be right there. Click here to view the location on Google Maps. We are also active on Facebook as “UIC International Playgroup”, where you can stay up-to-date about upcoming events and activities and use the group to organize playdates and meetups. Contacts: Sarah Nightingale: nity78@hotmail.com & Amy-Jo Nicholson: amyjocampbelldk@gmail.com (or Gitte Haahr-Andersen: gha@au.dk).

Both clubs are open for more participants: – choose from the morning club or the after work one. If neither fits you, let’s form another one!

UIC Book Club 2017 – English – open for more.

Book to discuss: "To The Back of Beyond" by Peter Stamm – and we meet up Thursday 15 February at 4pm at the café named “Stuen th”, Tordenskjoldsgade 19A, 8200 Aarhus N. All interested are welcome. Contact: Joy Dias joyelana@gmail.com
UIC Book Club After Work Hours – open for more. Read Book: The Remains of the Day by Kazuo Ishiguro. Meet next time: presumably primo March, will be announced. Contact: Line Bager lbager@econ.au.dk

UIC Wednesday 14 February from 10.15am to 12noon at AroS Art Café
An invitation to the UIC Informal - a great Get-together – See you there!
Meet up at the Café at ARoS Art Museum to enjoy talking about what at present is of concern to each of us, the way you choose to share, to exchange information useful for one another, to gain knowledge from many worldwide life experiences each of us have, and to also share hints about winter life in Aarhus! – Please keep in mind that the Café has plenty of room for us, so bring your spouse, a friend – and as usual UIC has room also for children, of course! Welcome to join in the inspiring and enjoyable discussion/general conversation, which is a lively event, regardless the number of participants. Informal meetings like such attract a good number of people, some only drop by to say hello and off again – others stay longer and take the lunch here. Optional, only limited by one’s own additional obligations/priorities. Keep in mind where internationals meet it is always so interesting and cheering. Suggestions: Conveniently downtown, you can go from the Get-together to enjoy art exhibitions, to do some shopping as the summer sale is on! On your own, or by taking the chance to ask someone else to join you. Company is great, and can lead to a friendship of value in the days to come. Venue: ARoS Art Museum’s Café, Aros Allé, downtown, 8000 Aarhus C.
UIC Seminar 21 February from 3pm to 5pm: Danish Housing Market, Sign up required.
We know it is essential to all to have a place to live. We also know it’s a challenge to act on the Danish Housing Market. Therefore, this seminar.
Programme: first a brief introduction to the Danish Housing Market, followed by a review of a lease contract. Then a break w/Refreshments and a chance to ask questions individually to the speakers. Closing the programme is a light information about buying property in Denmark. The speakers are: real estate agent Ulla Risager, Nybolig and lawyer Rune Bredtoft, Rödstenen. Sign up here: Register. Location: AIAS Auditorium, 1st Floor, Høegh-Guldbergs Gade 6B, 8000 Aarhus C..

UIC Seminar 28 February from 10am to 12noon: The Danish Public School
The public school in Denmark / target groups are current parents, future parents & all interested in teaching. At this dialogue based seminar, you'll learn about the public school in Denmark. A short introduction to the structure and content. And you'll hear more about reception classes for international children who must develop their basic Danish skills before entering a regular Danish class. The seminar provides time for you to ask questions about the public school and to discuss your concerns and questions with other parents, who are in the same situation as you. The seminar speaker is Consultant Maria Skøtt Davidsen from the municipality of Aarhus. Location: International Centre, Room 1, Høegh-Guldbergs Gade 4A, 8000 Aarhus C.
AU HR offer this spring the following English courses for international employees – apply right away:

On 6 March a new English course starts at AU. The course is for you, if you would like to improve your English for the AU workplace. Application deadline 19 February.

**Academic English Writing Workshop in the spring**
The aim of this workshop is to help you improve your academic writing skills in English. The workshop is open to all faculty members at Aarhus University who wish to improve their academic writing skills in English. Application deadline 16 April.

**Intensive English Course in the spring**
From 30 April to 4 May AU offers a week-long intensive English course to enable you to improve your spoken English in a targeted and relevant way. Application deadline 30 March.

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**Women in Science Day 10 February at AIAS – see attachments!**
Celebrate the UN International Day for Women and Girls in Science with public lectures from women in different scientific fields. All are welcome (you too, Gentlemen!) – Lectures from 1pm to 4pm.
Hosted by AIAS, Høegh-Guldbergs Gade 6B, 8000 Aarhus C.

**MatchPoints** invites debate on the welfare state – sign up now
Aarhus is a Centre for an International Conference on the Future of the Welfare State.
How can the welfare state survive? This is the topic to be considered by the MatchPoints Seminar, which will be welcomed by Aarhus University and Aarhus Municipality from 24 to 26 May 2018. Conference delegates will be able to meet people like James Heckman, American winner of the Nobel Prize, a broad selection of experts, politicians, commentators and practitioners working in the field of welfare – and two robots, Norma and Silbot. The conference is open to the public, and registration begins now. Applications are now invited for anyone wishing to attend the MatchPoints Seminar, Aarhus University’s flagship conference series. Register and find out more at matchpoints.au.dk

Fellows’ Seminars at AIAS, Aarhus Institute of Advanced Studies
The AIAS Fellows’ Seminars are all held in English and open to the public. See the complete spring 2018 programme of the Fellows’ Seminar Series to be announced on: http://aias.au.dk/aias-fellows-seminar/ Venue: AIAS, Høegh-Guldbergs Gade 6B, AU Campus, 8000 Aarhus C (next to the International Center).
The streets in the University Park will become bike-friendly. It will still be possible for cars to drive in the University Park. But drivers will have to give cyclists first priority: the speed limit will be reduced to 30 km/hr down from 50 km/hr, and Carl Holst-Knudsens Vej and the stretch in front of the Lakeside Lecture Theatres will be retrofitted to increase safety. The streets in the University Park will become bike-friendly in the course of the month... It raises the question whether also cyclists are limited to 30 km/hour?

AU employees parking, registration required – Fines are in the air from 28 February!
Dear employees at Aarhus University,
All employees who wish to use designated employee parking spaces at AU in Aarhus must register their cars no later than 28 February. At au.dk/parking you can read more about parking at AU – this is also where you can register your car.
We apologise if the information regarding the changes to the parking facilities has not reached everyone in time. To give all employees more time to register their cars in the parking system, no fines for parking will be issued in AU’s designated employee parking areas during a transitional period. This period has now been extended, so that you have until 28 February to register your car.
If you receive a fine in error for parking in an AU designated employee parking space in the period 1 February – 28 February 2018, you can contact AU employee parking at tek@au.dk.

The increased pressure on the parking spaces at AU in Aarhus has made it difficult for many employees to find parking for several years. With this new system, AU intends to make it easier for employees to find parking close to work. Approximately 2200 parking spaces at a number of the university’s buildings in Aarhus are now reserved for employees as of 1 February 2018.

Yours sincerely, AU Finance and Estates Projects and Development

1 Selected Aarhus events

Concert with Danish and German Romantic Music
Saturday 10 February at 4pm three talented members of Three Corde (strenge) Chamber Music of Schumann, N.W. Gade and Carl Nielsen’s phantasy music for clarinet and piano, and songs of Brahms and Schierbæk, and Schubert’s Hirten in Ellevang Kirke, Jellebakken, 8240 Risskov, tickets dkk50 at flexbillet.dk/ellevang or at the door. Free wine during the intermission.

Concert: Amatør Symfoniorkester Sunday 11 February at 1pm
The non-professional Symphony Orchestra was founded in 1926, and today have 60 musicians – and since 1986 under conductor Erwin Chmiel. Each year the orchestra gives 3-4 concerts, often with professional local soloists. This concert is a fine concert with popular themes with Jesper Buhl,
baryton and tine Bruhn, jazz singer. At the Concert Hall Aarhus, downtown, 8000 Aarhus C, free.

Ash Wednesday 14 February at 4.30 the Altar is closed!
It opens not until Easter Day 1 April. It’s an interesting event, for the 14 Feb is the Christian church beginning of the fast (shrovetide), which runs for 40 days. The motifs on the closed altar piece makes a very different visual experience in the church. Then during the night before Easter Day the altar piece is opened at a moving midnight prayer. At Our Lady’s Church, Vor Frue Kirke, Vestergade, 8000 Aarhus C.

See it – and hear it before a two year renovation project starts:

Denmark’s biggest church organ is in Aarhus Cathedral, besides
See it before the restoration starts: it is one of Northern Europe’s most renowned church instruments. Denmark has as Germany a long proud tradition within the scope of handcraft and music culture. Soon it will undergo a two year long renovation. Behind the impressive façade from the 17-hundreds are more than 6,000 organ pipes, collected during more than four hundred years – and is the top of Danish organ building. The renovation project is planned to bring the organ back to original sound back in the 1920ies. Back then the organ was expanded to its present size with a four floors in the organ house. The organ got the specific symphonic sound, inspired of organs of the French cathedrals. A team with among others Nobel Prize winner Albert Schweitzer and organ builder Theodor Frobenius as responsible for the handcraft. Since then changing maintenance and frequent
use left the organ’s sound as the mechanical construction at the state it is.
Funding from A.P. Moeller, Købmand Herman Salling, Augustinus Fonden and Aage og Johanne Louis-Hansens fond made it possible to carry through the major renovation project, running from this year 2018 to 2020. – Before the renovation starts make sure to visit the Cathedral – and if possible to enjoy a concert – or wait two years!

Shrovetide procession, church service and then Kick the cat out of the Barrel Sunday 11 Feb at 1.45pm to 3.30pm
Meet up in fancy clothes or as you like at the Langenæs Baker Shop at 1.40pm, walk down Langenæs Allé while singing shrovetide songs. End up at the Church for a short service at 2pm. Afterwards we kick the cat out of the barrel at Langenæskirken, Kirkedammen 2, 8000 Aarhus C, free.

Among the many churches offering Shrovetide service are Sct. Luke’s Church
Sunday 11 February at 1pm all are invited dressed up and to beat the barrel afterwards - also to coffee & buns. Everyone between age 0 and 100 years are welcome! Organized by the church, Sct. Paul church and FDF, the scouts. Location: Sankt Lukas kirken, Ingerslev Boulevard, 8000 Aarhus C, free.

Ideas for a jam-packed winter break, something for all:
ANTIKMUSEET on AU Campus is special
All is for free and during the winter holiday there are special activities for children / families Mon-Tue-Wed- and Thursday, each day from 12 noon to 4 pm, and also Sunday, closed Fri-Saturdays, see the attached flyer in Danish. http://antikmuseet.au.dk/ or https://www.facebook.com/Antikmuseet-156335279438/. The museum is next to the University Library (the Book tower). No admission.

The Old Town – winter holiday programme  ‘Den Gamle By’ (The Old Town) offers different events during the winter holiday, where everyone can have a nice time with friends and family. Most of the events take place during both week 7 and 8; join for cozy indoor activities. Children can make carnival rods, and you are welcome to visit at the 1927 house wife. Open to have a look into the patisserie, the baker, the ironmonger, and the bookstore. Read more about The Old Town here (English).

Natural History Museum –
The Natural History Museum offers a lot of events during the winter holiday and with free admission for all children and youngsters under the age of 18. Events are exciting for children. Get close to the real animals if you dare to. See an animal get dissected (schedule in Danish: https://www.naturhistoriskmuseum.dk/Bes%C3%B8g_museet/Vinterferie-Jagten_p%C3%A5_istiden/Se_dissektioner_af_vilde_dyr. At the café the delicious pancakes with ice cream - or meat or...
Location: Naturhistorisk Museum, Wilhelm Meyers Allé 10, University Campus, 8000 Aarhus C.
Circus Krone Winter Circus for all family
Performances between Saturday 10 February to Saturday 17 February, some days two performances check at Se alle datoer og tidspunkter. - A family fun event at the Concert Hall Aarhus, downtown, 8000 Aarhus C, tickets ddk110-130.

3. Announcements and inquiries from others (very different options!)

Great holiday in Globus1 from 12 to 16 February
Sport & movement are also this year in focus. It means the winter holiday is full of sports activities giving high puls. a
Jump & play for the young ones. Programme starts 9.30am with jumping and plays on an indoor steeplechase course, for age group 0 to 6 years.
Cheerleading and acrobatic. The more classical and popular sport disciplines like badminton, parkour and table tennis can be enjoyed. The studio is each afternoon open for table tennis. Monday and Tuesday there’s badminton. Perhaps you like one of the more recent sports with parkour tricks. Gellerup Cup. A soccer tournament takes place both Thursday and Friday. Here sign up is required to Mac mobile 28 58 62 22.
Practicalities. The activities are free of charge and no sign up needed – except for the above-mentioned Gellerup Cup. Simply meet up and join in!
Remember: some kind of sweat suit and indoor footwear. Jump and play for the young children age 0 to 6 years a parent has to accompany!

**TorsdagsMorgenDans**
Free dancing every Thursday morning – dance as you like. All are invited to dance while enjoying great music. Will generate more energy, therefore, join. Free of charge at Platformen, Valdemarsgade 1B tv, 8000 Aarhus C, Read more in Danish: [Læs mere](#). 01.02.2018 - 28.06.2018 // 8:30 - 9:00

**Morning Movements**
23.02.2018 - 04.05.2018 // 7:30 - 8:30  Gently does it! Morning Movements is a soft awakening of the body - enabling you to meet a new day vibrant and alive. This theme based movement training takes it’s inspiration from Body-Mind Centering, Butoh Dance, Authentic Movement, Contact Improvisation, Yoga, Amarta Movement - to mention a few. The training is open to everyone with some dance or improvised movement experience. Performing Arts Platform, Valdemarsgade 1G, 1. Tv., Aarhus C.

**Fodslaw – a Walking Group**
The walking society ‘Foot-Beat’, Vandreforeningen Fodslaw, is a nationwide society. We often advertise their weekly walks. The aim of the society is to
spread the knowledge of and interest in Denmark and Danish nature in a friendly atmosphere. The society arranges walks and trips around the country and in Northern Europe. It is a great opportunity to meet Danes and in addition experience the beautiful landscapes of Denmark. Furthermore, you get some fresh air, which is considered healthy for your general well-being, and not least your mind! – With the dark winter days, it is important to see to be in open air to substitute for the less daylight & sun. See more about the Walk at the website (in Danish only). Or simply meet up Saturday or Tuesday, check details in the Calendar below. Free of charge.

4. Announcements and inquiries from others (very different options!)

March for Science Aarhus - Planning Meeting 7.2.2018
March for Science is a global movement that was started last year as a reaction against the science scepticism of American politicians. It has evolved to remind people of the importance of evidence based politics, the role science has or should have in our society and to communicate, what science actually is. Last year we had a series of marches in more than 600 places worldwide. (www.marchforscience.com) We want to organize this year's March for Science demonstration in Aarhus (see www.marchforscience.dk for last year's event). Like in the rest of the world, this will be on 14 April. For this we are seeking some more people with good ideas and/or helping hands to make the march happen. Everybody is welcome to come to the next meeting on 7. April at 17.00 at the Institute of Mathematics in D03 (1531-019).
Advertisement of Self-defense seminar in English for Women

Dear All, I will be organizing (not delivering!) a self-defense seminar for women only in English. It will take place on the 3rd of March (Saturday) from 14.30-17.30h in the Aarhus Syd Taekwondo klub in Højbjerg. The price is 250kr. A Facebook event will be created with further info and booking/payment details within the next 2 weeks. Otherwise, I can be contacted by email galvevilla@hotmail.com. A similar seminar for Men only can also be organized if there's enough demand (min.14) Best regards and thanks! Maria Galve Villa

Danish & Fun – 10 February 1:30pm-3:30pm
Join us Sunday at Danish & Fun at Dokk1. We will play some games and speak Danish. Read more here. At Dokk1, Hack Kampmanns Plads 2, 8000 Aarhus C, free.

5. Aarhus and Denmark news / information

Take time to see art of light art at ‘The Three Bridges’ The first of two winning projects from the Aarhus Municipal Light Art is ready to enjoy.
Thus, Brabrandstien's many cyclists can now enjoy a spectacular cultural experience on the daily trip to and from the city centre. The project is the result of a competition launched by ‘Lys på Aarhus’ (‘Light on Aarhus’) during the Cultural Year 2017. [Billeder af lyskunst tre broer i aarhus.]

Aarhus is expecting 42 cruise ships this year, up with 6 more than in 2017
But too early to say the exact number of passengers, as one of them is Mystery cruise, here the passengers not even know to which destination they are sailing to and on which cruise ship. One thing is sure Aarhus is continuously increasing the number of tourists e.g. Aarhus can expect more than 100,000 tourists arriving by cruise ships. Each cruise guest spend on an average DKK600, which makes for a turnover of 60 million DKK! – Another factor is the 33,000 crew members who have never been included in this number. The increase is ascribed to the special year 2017.
Royal Run: this May Crown Prince Frederik has initiated a Royal Run to celebrate his 50th Birthday
The Royal Run will take place in the five largest cities in Denmark and you can choose between two distances - the classic 10K run or One Mile (1,609 kilometers).
All are invited to join in one of the following five largest cities Aalborg, Aarhus, Esbjerg, Odense and Copenhagen, and the distance is either 10 km or one mile, 1,6 km.
You can participate in training sessions prior to the run. Find a training session near you here and sign up to get in shape before the run.
Royal Run is taking place on 21 May in all cities. Register for Royal Run here (in Danish). Event Information May, 9:00am - 9:00pm
It’s a great way to celebrate with birthday with the people of Denmark – and a very healthy way!
Singing, physical training and fellowship
A new collaboration agreement is closed to offer better conditions for people with lung diseases. The lung association and Aarhus Municipality’s Health and Care section have closed the new agreement, which helps people with KOL to a better, healthier and more enjoyable life. The agreement support the Lun Choir and the seven training networks in Aarhus. The lung choir is open, improves breathing and offers a long line of concerts! Physical activity & training improve breathing, endurance and condition, more strong muscles and increasing livsglæde and less hospital stays. 2/3 feel so much better

Garbage sorting in greater Aarhus is well introduced!
It seems the city is well underway to its goals. For since late September and into October 63,000 garbage containers were distributed, Aarhus city and suburbs have collected 1,800 Ton of glass, plastic and metal, and paper and cardboard counts for another 3,000 Tons.
Comwell Hotel in the City Center is ready to add a high-rise with 15 floors
Next to the existing building – and planned to open in 2021. The city plan has to be decided first. Comwell Hotel has a need of more rooms and meeting facilities, therefore, it is necessary to construct a new iconic building, which is expected to be shaped as triangle and with 198 rooms, sky bar, restaurant and lies end to end of the existing Aarhus City Tower.

RESPECT for Citizens taking treatment for alcohol abuse
The Municipality of Aarhus is participating in a campaign to show citizens that respect will be shown to those who undertake therapy for the misuse of alcohol, as well as informing citizens of the free and customised treatment options. According to the State Institute for Health some 147,000 are dependent on alcohol. The advice is: if needed seek treatment free of charge.

Are you young in Aarhus – then turn to this website
Aarhus Municipality has services for young people, age 14 to 24, and you can find them in English in brief at
Denmark’s first circular construction as the good example
All are invited to a seminar focusing on the economy of circular construction Monday 5 March from 12 noon to 3pm. Behind the event are Building Green, AU School of Engineering, Danish Association for Responsible Construction (Foreningen for Byggeriets Samfundsansvar) and Circle House. The first project in Denmark is in the planning and expected opening in 2020. Location: AU Navitas, Auditorium, Inge Lehmanns Gade 10, 8000 Aarhus C, free, but no show dkk500.

Circular Economy is not a choice!
It’s due time to take it serious the needs for new ways to produce. We need to rethink the linear way to produce and to consume. Known for more than hundred years, we win resources, produce goods, consume and dump. Instead we need a circular economy which means we use the products and resources over a longer time and reuse the when possible. For example is the construction project Circle House put together so that it can easily be taken apart after use, and thus recycled again and again. The results achieved so far will be presented this year. But why is it so important to find new sensible ways to construct, why is it so immensely necessary.
Because the resources are limited: today it takes nature 1,5 year to grow, what we actually consume within 1 year! Note: if all citizens worldwide had “a European consumption” – we would need three times the land we have!

www.aarhusung.dk. It can be information on the job market, about health and leisure time, or housing. One can also set up an appointment with Per Vandbæk, M +45 24612958 | T + 45 89 40 59 75 | E-post: pev@aarhus.dk
The global middle class counts for 2 billion people, and the number is expected 5 billion consumers in 2050. – This makes our waste sites grow rapidly. The construction section is responsible for a good part of the world’s waste, in Denmark it accumulates to 35%. – We need to construct, it’s estimated that 60% of the housing with need in 2050, is not built yet. Said in short, we cannot continue to produce and consume, generating more waste. It is needed to rethink not only due to the environment, but also financially. The circular economy has to be welcomed and soonest possible.

At Ole’s Gård in Studsgade enjoy bubbles and pizza buffet – every Wednesday from 5pm to 7pm, a good way to get introduced to the newly opened restaurant in Studsgade. See details at nyåbnede restaurant Oles Gård i Studsgade Facebook. DKK150 per person for pizza buffet & a glass of bubbles. Children under age 10 gets a soda and buffet for DKK75. This started yesterday, read info her.

New Holiday Bill
The parties of the Government of Denmark have today adopted a bill which outlines the political agreement on a new holiday bill in Denmark from October 2017. This means that new employees in the labour market in the future can get a paid holiday already the first year of their employment. Today employees risk having to wait up to 16 months before they can get a full paid holiday. The new Holiday Bill will enter into force on 1 September 2020.
3. Danish traditions – Vacation and Religious Holidays

Valentine's Day is 14 February

Saint Valentine’s Day, commonly just Valentine’s Day, is an annual commemoration held 14 February celebrating love and affection between intimate companions. The day is named after one or more early Christian martyrs named Saint Valentine, and was introduced by Pope Gelasius I in 496 AD. It was deleted from the General Roman Calendar of saints in 1969 by Pope Paul VI. - Traditionally a day for lovers to express their love for each other by presenting flowers, offering confectionery, and/or by sending greeting cards (known as "valentines"). The day first became associated with romantic love in the circle of Geoffrey Chaucer in the High Middle Ages, when the tradition of courtly love flourished. Today Valentine’s Day symbols include the heart-shaped outline, doves, and the figure of the winged Cupid. Since the 19th century, handwritten valentines have given way to mass-produced greeting cards.

Valentine’s Day is not an old Danish tradition, has been introduced here during the last two decades. Still a majority of Danes consider it a day mainly of interest to business to increase their turnover. – But now it is here, why not make the most of it. Not necessarily involving a lot of money. That can be too cheap (easy). But spend some good time together. Not least, if you happen to be a person, who rarely gets around to show affection or appreciation, then take it as a convenient day to do something. The ads with special buys are not easy to overlook, so here is your chance to follow the suggestions of how to say thank you. Click the underlined passages and more information in English is available.
Winter Holiday Break is soon – Plan it with your Family and Workplace – or is it vice versa!

Week 7 in the middle of February is the official Winter Holiday Break, vinterferie, in Denmark. The holiday is not a religious or old vacation. In fact, the holiday did not exist before the 1970ies, and came into being due to a new tradition, namely going skiing. More and more Danes simply started to take off some days to ski either in Norway or south in the Alps in Austria or France. Families by a large number were quick to take up the idea of having a ski vacation, taking their children out of school. This habit combined with the fact that between Christmas and Easter there were no days off at all made it so tempting to go on vacation. For the days after Christmas in addition seemed an endless number of short, dark and cold days. This gradually gave way for an official winter break.

But it was not a national holiday from the beginning. It took a couple of decades before all municipalities in Denmark had it phased in. Today a lot of people still go skiing. Others prefer to go to warmer countries, to enjoy the sun. Again others manage both. - Whatever you will get around to, will hopefully give you a chance to relax, be with some of your family or we shall see. - For there are so many activities offered at this time of the year in Aarhus, and elsewhere. All know children are out of school. So lots of events will be advertised. When time comes around, this newsletter will see to also mention some of them. During winter break we celebrate Fastelavn/Shrovetide, more about this later.

Notice: The spring semester is full of holidays

Upcoming spring holidays – days off from work:
After winter holiday week 7 comes Easter holiday, which can easily be turned into a longer time off from work. Starting this year from Friday 23 March, take three days of your vacation and Thursday Skærtorsdag (Maundy Thursday) 29 March, and Langfredag (Good Friday) Friday 30 March are
already days off as. *Easter Day*, Sunday and 1 April, *2nd Easter Day*, 2 April, all in all gives you 10 days off. *Store Bededag*, The Great Prayer Day is Friday, 27 April e.g. a longer weekend. *Kristi Himmelfartsdag*, Ascension of Christ Thursday, 10 May. During this holiday many Danes take the opportunity to also turn this weekend into an extended weekend by taking off Friday 11 May. – Pinse, *Whitsun* / *Pentecost* celebration is Sunday 20 May and Monday *2nd Whitsun day* 21 May. *Constitution Day* is Tuesday 5 June e.g. half a day or a full day off, ask in your dept. - About this time a lot take their summer holidays. Families surely from late June and some weeks into July because children are out of the schools. All in all these days off provide for great opportunities to spend time with family and friends, to go abroad, or to invite friends and relatives in from abroad.

**Holiday and work:**
As regards holidays in Denmark, this country is a quite good place to work. Compared to many other countries, we have not been giving up on any of the holidays since the reform in 1770, though it has been discussed over time. Many of the holidays are religious, which may not appeal to most Danes. But having more days off work make people insist on the holidays. It might be a bit puzzling for newcomers to prepare for the different occasions, as well as to understand the reasons for an extended weekend. Last week was the *winter vacation* (week 7), and we will soon be in for the next vacation. How do Danes handle these chances of ‘breaks’ from the daily routines? And how does business deal with all these interruptions in their production programmes? Well, Danes plan it well. Employees act in time to make their holiday plans and wishes be heard. This means that a holiday falling on a Thursday, one can apply for taking Friday off in order to get an extended weekend. **Holiday rules:** Danes with a fulltime job have the right to 25 days of vacation during the year, whereof three weeks have to be held between May and September. If you choose to take three weeks during the public school summer vacation there will still be 10 days left to use as you like. In some contracts, the employee has the right to 6 weeks of vacation, but this depends solely on one’s individual contract. Also, employees at AU are entitled to 2 paid childcare days per year until the age of seven (including the calendar year in which the child turns 7 years old. /i.e. the child’s first 8 years of life, - 16 days in total). Read more about the childcare days [here](#).

**Holiday compensation:** By law it is possible to get compensation for sick days during a vacation. Ask your HR section for further advice.
Fastelavn – Lent/ Shrovetide – leads up to Easter!
Fastelavn is related to Roman Catholic tradition of Carnival in the days before Lent, but after Denmark became a Protestant nation, the festival adopted certain distinctives. The holiday occurs the week before the Christian penitential season of Lent, culminating on Shrove Tuesday, the day before Ash Wednesday, the first day of Lent. Children dress up in costumes and gathering treats for the Fastelavn feast. The holiday is considered to be a time for children’s fun. The term Fastelavn comes from Old Danish ‘fastelaghen’, which was a borrowing of the Middle Low German ‘vastel-avent’, meaning "fast-evening", or the day before Lent. Traditional events include “slå katten af tønden” ("hit the cat out of the barrel"). Today Danes use a wooden barrel, which is full of candy, and has the image of a cat on it. Historically there was a real black cat in the barrel, and beating the barrel was superstitiously considered a safeguard against evil. After the candy pours out, the game continues until the entire barrel is broken. The one who knocks down the bottom of the barrel (making all the candy spill out) becomes ‘kattedronning’ ("queen of cats"); the one who knocks down the last piece of the barrel becomes ‘kattekonge’ ("king of cats").

Fastelavnsboller – buy or bake your own
Also a popular baked good associated with the day is ‘Fastelavnsbolle’ ("Fastelavns buns", "shrovetide bun", or "lenten bun"), a round sweet roll usually covered with icing and sometimes filled with whipped cream! **Already for sale anywhere!**
6. May we suggest an excursion in Aarhus / Denmark

Why always mention the walks in and around Aarhus.
Because fresh air, exercise and walking is of such an importance to our mind and body! – In addition it is great to know what’s around us. To appreciate, yes! Besides, to know also creates a feel of belonging – and makes one feel more safe! Each of us can then add what it means to you to get out. Can be turning your mind away from your domestic or foreign affairs. It helps you to a better way of thinking and acting. – Taking friend along in addition makes for a great conversation. –
If not with the group advertised above, feel free to visit the deer park in the Marselisborg forests! Besides, it’s time to take branches in – water makes them blossom!

6. HOUSING:

7. CARETAKER / NANNY
8. Calendar

Thursday 8 February

8.30am to 9am, *TorsdagsMorgenDans - Free dancing each Thursday morning till 28 June – dance as you like, details above at Platformen*, Valdemarsgade 1B tv, 8000 Aarhus C,

12noon to 2.30pm, *Dads’ Playgroup, age 0 to 3, each Thursday, in Pusterummet, Dokk1, Hack Kampmanns Gade 2, 8000 Aarhus C, free.*

3.30pm to 6pm, *Study Café – get help with your homework and more – at Dokk1*, Hack Kampmanns Plads 2, 8000 Aarhus C, free.

3pm to 5.30pm, *Knitting-crochet-sewing club at Risskov Library – Thursdays. The club is for everybody, regardless of level and is free of charge. Bring your friends, children, neighbor or your colleague! Sign up is not necessary. [https://www.aakb.dk/arrangementer/det-kreative-hjoerne/strikkehaeklesyklub-paa-risskov-bibliotek-19](https://www.aakb.dk/arrangementer/det-kreative-hjoerne/strikkehaeklesyklub-paa-risskov-bibliotek-19). One of the attractive libraries in Aarhus with free parking – right outside! At Risskov Bibliotek, Fortebakken 1, 8240 Risskov.*

4pm to 6pm, *Wine tasting with Australian Chris Ringland at Salling*, Søndergade 27, 8000

4pm to 6pm, *Math-Café – join & get help from volunteers at Dokk1*, Hack Kampmanns Plads 2, 8000 Aarhus C, *free.*

6.30pm, *Ten Sing for all between 13 and 19 years old, each Thursday, dance, drama, music and singing, no sign up, just meet up in the Church community house, Viborgvej 158, 8210 Aarhus V, free.*
7pm to 10pm, Board Game Evening – people behind “Don't drop the soap” participate - at Fairbar, Nørre Allé 66, 8000 Aarhus C, free.

Friday 9 February

Autumn Break in the Public Schools – all of week 7 e.g. starting today – adding plenty of family activities to what’s on!

10am to 12noon, UIC Int’l. Playgroup – age group 0-3 years, in English, for all – Internationals & Danes / each Friday – details above, at Dokk1 at Pusterummet, Hack Kampmanns Plads 2, 8000 Aarhus C, free.

10am to 12noon, Chess at Dokk1, for new & advanced players, Hack Kampmanns Plads 2, 8000 Aarhus C, free.

11am to 6pm, See Raw – the raw & rough Architects’ visions for future housing, institutions and landscapes, exhibition runs to 24 Feb in the Raw Hall, Godshallen, Skovgaardsgade 3, 8000 Aarhus C, free.

1pm to 6pm, Home, food & design fair at Scandinavian Congress Center – also 10-11 Feb 10am to 5pm - at Margrethespladsen 5 (next to the Concert Hall Aarhus), 8000 Aarhus C, tickets.

4.30pm, Organ Concert with Part of Max Reger’s Opus 59, organist Michael Rosenfeldt in Our Lady’s Church, Vor Frue Kirke, Vestergade, 8000 Aarhus C, free.


6.30pm to 8.30pm, "UIC Night out" – a monthly event! Details above, contact Susanne Pfeil 123susanne@gmx.de. Meet up at the Restaurant Amoroma, Vestergade 60, 8000 Aarhus C.
8pm, **Ottosen/ Soerenson: Nordic and Irish music at Fairbar**, Nørre Allé 66, 8000 Aarhus C, free.

9pm, **The Kutimangoes – afrojazz at Gl. Egå Jazz Club**, Egå Mosevej 6, 8250 Egå, buy tickets at the door.

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**Saturday 10 February**

8am to approx. 2pm, **Open Air Farmers’ Market** with all sorts of fresh produce, homemade products, – also on Wednesdays on Ingerslevs Boulevard, 8000 Aarhus.

9am to 12noon, **Open House at DGI, huge gym to join at DGI-Huset**, Værkmestergade 17, 8000 Aarhus C.

10am to 5pm, **Home, food & design fair at Scandinavian Congress Center – also 10-11 Feb 10am to 5pm - at** Margrethespladsen 5 (next to the Concert Hall Aarhus), 8000 Aarhus C, tickets.

10am, **Join a walk with Aarhus Fodslaw – a good way to get to know some Danes – besides become familiar with the surrounding nature!** Meet up at Skådecentret, Stenvej 17, 8270 Højbjerg. Free.

11am, **Concert with R. Noor – 26 years old with 200 concerts experience, born in Greenland, lived in the Danish/German border region, capable songwriter at the Café at the Concert Hall Aarhus**, downtown, 8000 Aarhus C, free.

11am to 12noon, **Kick the cat out of the barrel, buns for the first 100 children at Viby Center**, Viby Ringvej 10, 8260 Viby J, free.
12noon to 6pm, **Try make a bulletin board – or something else at like a leather keyring at Institute (X),** Godbanen, Skovgaardsgade 3, 8000 Aarhus C.

12.30noon to 3.30pm, **Repair Shop – very popular – have your bike or other things fixed with free assistance at Dokk1,** Hack Kampmanns Plads 2, 8000 Aarhus C, free.

1pm to 4pm, **Women in Science Day 10 February at AIAS – see attachments!** Celebrate the UN International Day for Women and Girls in Science with public lectures from women in different scientific fields. **All are welcome (you too, Gentlemen!) Hosted by AIAS,** Høegh-Guldbergs Gade 6B, 8000 Aarhus C.

2pm to 3.30pm, **Laura’s Music School invite Children, in fancy costumes to Kick the cat out of the barrel, sign up, at Dokk1,** Hack Kampmanns Plads 2, 8000 Aarhus C, free.

3pm, **Concert with Chamber Music at the Royal College of Music,** Skovgaardsgade, 8000 Aarhus C, free.

4pm, **Concert with Danish and German Romantic Music with Three Corde,** details above at Ellevang Kirke, Jellebakken, 8240 Risskov, tickets dkk50 at flexbillet.dk/ellevang or at the door. Free wine during the intermission.

6pm to 01am, **Free meal: Soup-roast-ice cream, the Society Mads’ Friends invite to a meal, conditions: sign up: SMS 52671927 with name(s), bring plate&cutlery & be kind! Meet up at B/Hus** Skovgaardsgade 5C, 8000 Aarhus C.

**Sunday 11 February**

10am to 1pm, **Winter Run, for trained & not-trained, sign up, meet up at Herman’s,** Tivoli Friheden, Skovbrynet 5, 8000 Aarhus C.
10am to 12noon, 10am, *Join a walk with Aarhus Fodslaw – a good way to get to know some Danes – besides become familiar with the surrounding nature!* Meet: Skådecentret, Stenvej 17, v. OK-tanken (line 6A, 16, 100). Free.

10am to 5pm, *Home, food & design fair at Scandinavian Congress Center – also 10-11 Feb - at* Margrethespladsen 5 (next to the Concert Hall Aarhus), 8000 Aarhus C, tickets.

11am to 2pm, *Flea market with used, old and crafts at Viby Center*, Viby Ringvej 10, 8260 Viby J, free.

12noon to 3pm, *Sunday means fun activities for children (and all others) at the DGI House*, Værkmestergade 17, 8000 Aarhus C, dkk50 each child.

1pm, *Amatør Symfoniorkester /the non-professional Symphony Orchestra, see details above, invites to a fine concert with soloists at the Concert Hall Aarhus*, downtown, 8000 Aarhus C, free.

2pm to 3.45pm, *Sunday Documentary ”Salute”, in English at Dokk1*, Hack Kampmanns Plads 2, 8000 Aarhus C, free.

*5.45pm, Salsa Bailatina, and from 8pm to 10.30pm Salsatek with DJ at the Student House*, Nordre Ringgade 3, 8000 Aarhus C, dkk60/50, members reduced rates.

Monday 12 February

*Open day and night: Remember to take advantage of the open air Skating Rink - till 28 February - next to the Concert Hall Aarhus, downtown, 8000 Aarhus C.*

12noon to 3pm, *Make your personal magic wand at Dokk1*, Hack Kampmanns Plads 2, 8000 Aarhus C, free.

4pm to 5.30pm, *Language Café/ Sprog Café – free of charge at Dokk1*, Hack Kampmanns Plads 2, 8000 Aarhus C, free.
4.30pm to 6.30pm, **Learn how to put a computer together, in detail, sign up, at Dokk1,** Hack Kampmanns Plads 2, 8000 Aarhus C, free.

7.30pm, **Master Class Concert with students from the Royal College of Music at the Concert Hall Aarhus,** downtown, 8000 Aarhus C, free.

At the Kino East of Paradise Mondays means French Movies, many other films – all other days of the week at Øst for Paradis, Paradisgade 7-9, 8000 Aarhus C, tickets.

7.30pm to 10.30pm, **Sing from the popular & renowned Danish Folk Highschool Songbook at Fairbar,** Nørre Allé 66, 8000 Aarhus C, free.

Tuesday 13 February

10am, **Join a walk with Aarhus Fodslaw – a good way to get to know some Danes – besides become familiar with the surrounding nature!** Meet up at Hinnerup Station, Banegårdspladsen (bus line 200 or Arriva-train). Free.

12noon to 3pm, **Make your personal magic wand at Dokk1,** Hack Kampmanns Plads 2, 8000 Aarhus C, free.

6pm, **Plan B – a wine bar serves a glass of wine for free – to avoid wine waste, more info above, at Plan B,** Fredens Torv 2, 8000 Aarhus C.

8pm, **Kodo, Japanese drum group at the Concert Hall Aarhus,** downtown, 8000 Aarhus C,

Wednesday 14 February

Valentine’s Day – enjoy it, see details in Section 3! / And Ash Wednesday events in the churches.
10.15am to 12noon, **UIC Informal Get-together – see details above – at Aros Art Museum’s Café, downtown, 8000 Aarhus C, free.**

12noon to 3pm, **Board Games for children all age groups – Board game festival, games provided at Dokk1**, Hack Kampmanns Plads 2, 8000 Aarhus C, free.

1pm to 3pm, **Cut, draw and decorate your own special Fastelavns mask at Kunsthal Aarhus**, J.M. Mørks Gade 13, 8000 Aarhus C, free.

4pm to 8pm, **Valentine’s Day: Enjoy an éclair formed as your lover’s name, sign up no later than 9 February at Kunsthal Aarhus**, J.M. Mørks Gade 13, 8000 Aarhus C.

5pm to 7pm, **Enjoy bubbles and pizza buffet – every Wednesday at Ole’s Gård in Studsgade** [Facebook](https://www.facebook.com), DKK150 per person. Children under age 10 gets a soda and buffet for DKK75.

6pm to 7pm, **Valentine’s Day celebration as Lady and Vagabonden, (the tramp, film from 1955) – dogs so dearly in love share a dish of meatballs – follow their example at Aros Art Café**, downtown, 8000 Aarhus C.

8pm to 9.30pm, **Frederik Damkaer singer and songwriter with his band at Fairbar**, Nørre Allé 66, 8000 Aarhus C, free.

Join the UIC Informal Wednesday at Aros Art Café at 10.15am

Besides, [sign up](https://www.facebook.com) for Wed 21 Feb Danish Housing Market & Lease Contract!

NO UIC Newsletter next Thursday.

Very best wishes for the winter holidays,

Gitte
Like the UIC on Facebook [here](https://www.facebook.com/iasUIC/) or via this link:

Note: All UIC activities are free of charge to AU Staff, all their family members and all associated with International Community.

Note: If you know of anyone who could benefit from receiving the UIC Newsletter, please tell them to sign up on [gha@au.dk](mailto:gha@au.dk)

Emergency. For your convenience: How to respond correctly when an emergency occurs: **Call 112 first of all – anywhere in Denmark. And if on AU Campus dial the special tel. 8715 1617!**

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Garbage sorting in Aarhus is well introduced!